# Modern Track Ballast Management

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Functions and defects of our ballast bed

#### THE BEHAVIOUR OF RAILWAY BALLAST TRACK



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#### Functions of the ballast bed

- Resisting Forces Applied to the Track
  - ballast resists vertical, lateral and longitudinal forces applied to the sleeper in order to retain the track in its required position
- Elasticity
  - ballast provides the elasticity of the track and reduces pressures from the sleeper-bearing area to acceptable stress levels for the underlying formation

Source: Nemetz, W., Hansmann, F.: Keeping track of track geometry





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#### Functions of the ballast bed

- Drainage
  - provides large voids; allow effective drainage
- Allows Correction of Track Geometry
  - allows correction of the vertical and horizontal alignment defects of the track (track geometry) through a process of lifting, levelling, aligning and tamping

Source: Nemetz, W., Hansmann, F.: Keeping track of track geometry









#### Why do those things happen?







#### Why do those things happen?



- Track buckling due to not enough lateral resistance of track bed
- Temperature Kick-Out due to compressive forces in the Rail (CWR temperature was lower)

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#### Why do those things happen?



Formation failure visible as white spots

maintenance management, p.48





# Plastic deformations of trackbed lead to misalignment



- Crosslevel deviations
- Vertical profile deviations
  - Horizontal alignment deviations

Source: Nemetz, W., Hansmann, F.: Keeping track of track geometry, p.62





#### **Ballast Bed Material**

- A good ballast stone should have as many sides as possible.
- Ballast stones can interlock and remain stable
- Particle angularity increases the shear strength of the ballast bed.

- Round stones cannot interlock
- Rounded ballast decreases shear strength
- Flaky stones have too large a surface which reduces the void spaces.



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#### Ballast track cross section



Source: Hansmann F., Nemetz W., Spoors R.: Keeping Track of Track Geometry (2021), p.39; Foto: Wels-Passau Track (2005)



#### Ballast cross section



#### Source: Barbir, O.; adapted from Selig and Waters



- **Bottom ballast** lower portion of supporting ballast layer not disturbed by tamping,
- **Top ballast** upper portion of the supporting ballast exposed to tamping,
- Shoulder ballast ballast zone between the end of the sleeper and the top of the subballast layer,
- Crib / Sleeper bay ballast ballast
  zones between the sleepers.

Understanding vertical track displacement behaviour

# **THE ZIMMERMANN/WINKLER** THEORY



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#### How much deflection does occur?

 The theory of Zimmermann/Winkler allows to calculate the deflection/rise of the rail under a wheel





Source: reproduced from Fastenrath, F.: "Die Eisenbahnschiene" (1977)



# Deflection $y_0$ and bending moment $M_0$ due to single load below a wheel

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### **I** How does it look in real life?



Source: Pittrich, M. (M.Sc.); Prüfamt für Verkehrswegebau, TU Munich School of Engineering and Design: "Application of innovative camera systems for measurements on track infrastructure"; ÖVG Track Conference, Salzburg Austria (05/2022)



## The track (foundation) modulus C





|                                    |                | N                  | lbs                |                   |
|------------------------------------|----------------|--------------------|--------------------|-------------------|
| $c = \tan a$                       | _ <u>p</u> _   | $\underline{mm^2}$ | $\_$ $inch^2$ $\_$ | lbs               |
| $\mathbf{L}$ – tall $\mathbf{u}$ - | $-\frac{1}{y}$ | -mm                | inch               | inch <sup>3</sup> |

Source: reproduced from Fastenrath, F.: "Die Eisenbahnschiene" (1977)

*p* = pressure between tie and ballast
 bed [N/mm<sup>2</sup> ≈ lbs/inch<sup>2</sup>]
 *y* = displacement of the rail due to
 elasticity of trackbed [inch]

- The unit of the track modulus is [N/m<sup>3</sup> ≈ lbs/inch<sup>3</sup>]
- The track modulus is a systems parameter



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### The track foundation modulus C

| Quality of trackbed and subsoil              | Track foundation modulus<br>C |                       |  |
|--|-------------------------------|-----------------------|--|
|  | N/cm <sup>3</sup>             | lbs/inch <sup>3</sup> |  |
| Very bad (clay)                              | < 50                          | < ~184                |  |
| Bad (silt)                                   | >50                           | >~184                 |  |
| Good (sandy gravel)                          | >100                          | >~370                 |  |
| Very good (gravel)                           | >150                          | > ~553                |  |
| Concrete slab (bridge,<br>tunnel, slabtrack) | >300                          | >~1105                |  |

Source: reproduced from Göbel C., Lieberenz K.: Handbuch Erdbauwerke der Bahnen



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#### Rail displacements due to stiffness change

Metro car bogie Wheel load 12,900 pounds

Track modulus 100 N/cm<sup>3</sup> = ~ 370 lbs/inch<sup>3</sup>



Rail displacements y for a metro car bogie



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#### Rail displacements due to stiffness change



#### Rail displacements due to stiffness change



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#### Rail Displacements for a bogie group







#### Rail bending moments from a bogie group



#### Resulting stress effects on the rail



Degradation of the material

#### **BALLAST FOULING**







**30%** 

 ERRI suggested that if >30% is passing the 0.88 inches (22.4mm) sieve, ballast cleaning should be done

(UIC Report D182/RP2 Assessment of ballast condition in the track)





Source: Piereder, F.: Ein Leben für die Eisenbahn, p.241-242



#### Reason for ageing of ballast

Water

#### Contamination







- breakdown of ballast particles
- infiltration from the surface
- tie (sleeper) wear

- infiltration from the underlying gravel layer
- subgrade infiltration

Source: Hansmann F., Nemetz W., Spoors R.: Keeping Track of Track Geometry (2021); p.67



#### Phases of ballast fouling



(a) Phase 1: clean ballast



- Phase 1
- clean ballast sample
- almost all grains establishing contact with each other

Source: Barbir, O.; Development of condition based tamping process in railway engineering; Ph.D. thesis, TU Wien (2022)



#### Phases of ballast fouling



(b) Phase 2: partially fouled ballast



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- Phase 2
- voids in between grains filled
- grain-to-grain contact still maintained

Source: Barbir, O.; Ph.D.thesis (2022)



#### Phases of ballast fouling



(c) Phase 3: heavily fouled ballast



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- Phase 3
- excessive amount of fine particles
- grain-to-grain contacts are mostly eliminated
- single grain movement is constrained
- fine particles filling the voids

Source: Barbir, O.; Ph.D.thesis (2022)



#### Phases of trackbed decay



Source: Hansmann F., Nemetz W., Spoors R.: Keeping Track of Track Geometry (2021); p.69



# Fouling Index (FI)

- P = percentages by mass of material passing the 0.19 inches (4.75 mm) and 0.003 inches (0.075 mm) sieve
- FI = P<sub>0.075</sub> + P<sub>4.75</sub> (North America)
- $FI = P_{0.075} + P_{13.2}$  (Australia)



Source: Barbir, O.; adapted from Selig and Waters





#### Fouled Ballast

**10 – 20%** Fouling

**100 – 120%** Fouling



Source: Zaayman, L.: The Basic Principles of Mechanised Track Maintenance (3rd ed.) p.48





How to assess the state and schedule renewal

#### IN-SITU BALLAST CONDITION ASSESSMENT



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- Visual inspection
- Trial pits
- Ground Penetrating Radar



Photos: Piereder F. and GroundControl



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#### **Ground Penetrating Radar**



- electromagnetic pulses
- frequency range 10 MHz to 2.6 GHz
- part of signal is reflected at interfaces between layers with different different dielectric constant (*E*)
- Knowing the speed of the waves in the individual layers, layer thicknesses can be calculated



#### GPR used to determine BFI

| Material (* by Volume)        | Source            | ε <sub>r</sub> | Velocity [m/s]              |
|-------------------------------|-------------------|----------------|-----------------------------|
| Air                           | (Clark M. , 2001) | 1,0            | 3.00x10 <sup>8</sup>        |
| Dry Clean Ballast             | (Clark M. , 2001) | 3,0            | <b>1.73 x10<sup>8</sup></b> |
| Wet Clean Ballast (5% water*) | (Clark M. , 2001) | 3,5            | 1.60 x10 <sup>8</sup>       |
| Dry Clean                     | (Sussmann, 1999)  | 3,6            | 1.58 x10 <sup>8</sup>       |
| Dry Spent                     | (Sussmann, 1999)  | 3,7            | 1.56 x10 <sup>8</sup>       |
| Moist Clean                   | (Sussmann, 1999)  | 4,0            | <b>1.50 x10<sup>8</sup></b> |
| Dry Spent Ballast             | (Clark M. , 2001) | 4,3            | 1.45 x10 <sup>8</sup>       |
| Moist Spent                   | (Sussmann, 1999)  | 5,1            | 1.32 x10 <sup>8</sup>       |
| Wet Spent                     | (Sussmann, 1999)  | 7,2            | 1.12 x10 <sup>8</sup>       |
| Wet Spent Ballast (5% water*) | (Clark M. , 2001) | 7,8            | 1.07 x10 <sup>8</sup>       |
| Saturated Clean Ballast       | (Clark M. , 2001) | 26,9           | 0.48 x10 <sup>8</sup>       |
| Saturated Spent Ballast       | (Clark M. , 2001) | 38,5           | 0.58 x10 <sup>8</sup>       |
| Water                         |                   | 81             | 0.33 x10 <sup>8</sup>       |

- Clean ballast  $\rightarrow$  higher volume of voids  $\rightarrow$  lowers the average dielectric constant  $\rightarrow$  increases the transmission speed
- Moisture  $\rightarrow$  increasing the average dielectric constant  $\rightarrow$ reducing the transmission speed
- *Fouled ballast* → higher quantity of fines can hold more water  $\rightarrow$  even lower

Source: reproduced from Clark M., Non-destructive and Geotechnical Testing of Railway Track Bed Ballast, Ph.D. thesis (2001)





#### GPR – distinguish layers



#### **GPR** – distinguish layers



#### **AI-based Fouling Index**



Source: GroundControl (https://saferailsystem.com/)



# KPI dashboards for renewal plans









#### **BALLAST TAMPING PRINCIPLES**





#### Phases of the tamping process



Ballast penetration

Squeezing movement

Lifting tamping unit

Source: www.plassertheurer.com





# **Basic tamping principles**

#### Non synchronous tamping

- vibrate with the ideal frequency of 35 Hz
- constant pressure (all tamping tines work with the same pressure )
- squeezing motion towards the sleeper
- amplitude 0,16 to 0,2 inches

Source: <u>www.plassertheurer.com</u>; Dama N.: Discrete Element Modeling of Railway Ballast for Studying Railroad Tamping Operation, MSc Thesis, Virginia Polytechnic Inst.





#### Lifting & levelling



(a) Roll lifting clamps and double-flange lining (b) Roller lifting clamps with lifting hooks and rollers of a plane tamping machine lining rollers for universal use in turnouts



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#### Types of machinery



Source: Harsco



#### **Tamping parameters**



- Excitation frequency and amplitude
  - 30 35 Hz ideal
  - Frequency levels of 40 Hz and higher trigger uncontrollable ballast movement
  - oscillation amplitude of 0,16
    to 0,2 inches



## Tamping parameters (2)



Source: Nemetz, W., Hansmann, F.: Keeping track of track geometry

- Penetration depth
  - top of tine plate ~1 inch below bottom of tie

#### • Lifting values

- minimum lift 0,8 inches
- Squeezing pressure, velocity and duration



#### Dynamic track stabilization (DTS)



Source: www.plassertheurer.com



Source: www.harsco.com



- First machine in 1974
- inducing horizontal vibrations
- in combination with static vertical pressure



#### DTS – technical parameters



(1) variable unbalance, (2) induced horizontal vibrations, (3) hydraulic cylinder, (4) vertical load

- vibration frequency (0-42 Hz)
- frequency dependent impact force F<sub>dyn</sub>
- vertical load (max. 356 kN)
- working speed (approx.
  0.1 mph and 1.6 mph)

Source: www.plassertheurer.com





#### Dynamic track stabilization (DTS)







#### **T**IT Lifting by tamping / compaction by DTS



Source: Pittrich, M. (M.Sc.); Prüfamt für Verkehrswegebau, 🕬 Munich School of Engineering and Design: "Application of innovative camera systems for measurements on track infrastructure"; ÖVG Track Conference, Salzburg Austria (05/2022)



# Detail on DTS behaviour



Source: Pittrich, M. (M.Sc.); Prüfamt für Verkehrswegebau, TU Munich School of Engineering and Design: "Application of innovative camera systems for measurements on track infrastructure"; ÖVG Track Conference, Salzburg Austria (05/2022)



#### **Ballast regulators**



# Want to know more?



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